

Teams	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tennis</b>					
<b>Novice</b>	8:00-9:00am	8:00-9:00am	8:00-9:00am	8:00-9:00am	8:00-9:00am
<b>Beginners</b>	9:00-9:45am	9:00-9:45 am	9:00-9:45 am	9:00-9:45 am	9:00-9:45 am
<b>National</b>	11:00 – 12 pm	11:00 – 12 pm	11:00 – 12 pm	11:00 – 12 pm	11:00 – 12 pm
<b>Swim</b>					
<b>6&amp;Unders</b>	11-11:30am 5:15-6:00 pm	11-11:30am PM Meets	No mornings 5:15-6:00 pm	11-11:30am 5:15-6:00 pm	11-11:30am 3:15-4:00pm
<b>7-10s</b>	10-11am 6:00-6:45 pm	10-11am PM Meets	No mornings 6:00-6:45 pm	10-11am 6:00-6:45 pm	10-11am 4-5 pm
<b>11 &amp; Ups</b>	9-10am 6:45- 7:30 pm	9-10am PM Meets	No mornings 6:45- 7:30 pm	9-10am 6:45- 7:30 pm	9-10am 5-6 pm
<b>Dive</b>					
<b>10&amp;Unders</b>	11-12noon 4:45-5:45 pm	11-12noon PMs TBA	No mornings 4:45-5:45 pm	11-12noon 5pm - Meets	11-12noon 5-6 pm
<b>11&amp; Ups</b>	10-11am 5:45-6:45 pm	10-11am PMs TBA	No mornings 5:45-6:45 pm	10-11am 5pm - Meets	10-11am 4-5 pm

## Swim Team Meet Schedule

### 2009 - Northern League -

Date	Team	
2009-06-16	Greystone (4)	at GRY
2009-06-23	Springdale (3)	at NBK
2009-06-30	Harrington Grove (11)	at NBK
2009-07-07	University Club (8)	at UC
2009-07-14	Wood Valley (7)	at WV
2009-07-21	Quail Hollow (6)	at NBK

Julian Hester, Head Swim Coach  
 Joe Thelen, Asst. Swim Coach  
 Anna Holland Lawrence Asst. Swim Coach  
 Jim Moran, TSA Rep  
 Becky Hester, Swim Parent  
 Susan Page, Swim Parent

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**2009 TDA Meet Schedule**

<b>JUNE 11</b>	<b>JUNE 18</b>	<b>JUNE 25</b>	<b>JULY 2</b>	<b>JULY 9</b>
Scottish Hills vs. North Hills (H)	Scottish Hills vs. PrestonWood (H)	ScottishHills vs. Wood Valley (H)	Scottish Hills (H) vs. Northbrook	North Hills (H) vs. PrestonWood
PrestonWood vs. Northbrook (H)	North Hills vs. Wood Valley (H)	North Hills vs. NorthBrook (H)	PrestonWood (H) vs. WoodValley	Northbrook (H) vs. WoodValley
WoodValley (Bye)	Northbrook (Bye)	PrestonWood (Bye)	North Hills (Bye)	<b>Scottish Hills (Bye)</b>

**Schedule Notes:**

Regular season meets begin at 6pm. Home team warm-ups at 5:00, away team warm-ups at 5:30.

**2009 TDA Championships** will be held at Northbrook on:

Thursday July 16 (8 and under girls and boys, 9/10 girls and boys, 11/12 girls)

Saturday July 18 (11/12 boys, 13/14 girls and boys, 15-18 girls and boys)

Specific meet and warm-up times will be announced closer to the event.